

Curriculum Vitae

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Professional Profile

Experienced healthcare training specialist with a strong background in safe patient handling, clinical education, and rehabilitation facility planning. Demonstrated expertise in designing and advising on complex rehabilitation environments, integrating clinical best practice, patient safety standards, and international healthcare benchmarks. Highly computer-literate, adaptable, and capable of contributing to both clinical education and strategic healthcare development projects.

Core Competencies

- Safe Patient Moving & Handling
- Clinical Education & Staff Training
- Course and Curriculum Design
- Rehabilitation Facility Planning & Design
- Healthcare Project Development
- Patient Safety & Risk Reduction
- Multidisciplinary Team Collaboration
- Assistive & Hoist Technologies
- Report Writing & Professional Presentations

Professional Experience

Safe Patient Handling Trainer / Clinical Educator

Impact Group | 2015 – Present

- I currently act as an advisor to Impact Group. I represent them in front of the South African and UK governments. I have delivered structured safe patient moving and handling training to professional clinical staff of all disciplines as well as to non-professional carers and other disciplines. I also deliver training on a variety of other healthcare related topics.
 - Spoken at National & International Conferences including being invited as the Keynote Address speaker at the Inaugural Conference for South Africa's NHI (NHS equivalent) in 2025
 - Educated healthcare teams on injury prevention, ergonomic principles, and patient dignity.
 - Advised on appropriate use of hoists, slings, and assistive equipment in clinical environments. - Supported compliance with healthcare safety standards and best-practice guidelines.
 - Over 100 real-time CPR cases.
 - Taught various healthcare related subjects nationally and internationally.
 - Rehabilitation Facility Planning & Advisory Work
 - Contributed to the conceptual design and planning of a specialised rehabilitation centre, including inpatient, outpatient, and therapy facilities.
 - Advised on spatial planning for therapy gyms, hydrotherapy pools, ADL suites, and patient wards.
 - Integrated ceiling-mounted patient tracking hoists across clinical and therapy areas.
 - Supported development of a proposed large-scale specialised orthopaedic and rehabilitation hospital (Africa's first).
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Key Projects

- **Specialised Rehabilitation Centre Design** – Participated in planning a rehabilitation centre incorporating inpatient wards, day patient services, therapy complexes, hydrotherapy, and outdoor therapy spaces.
 - **Rehabilitation Tourism Centre Proposal (South Africa)** – Involved in the development of a proposal for a first-of-its-kind rehabilitation tourism facility.
 - **Specialised Orthopaedic Hospital Presentation** – Contributed to a professional presentation for a 200-bed orthopaedic hospital inspired by international best practice models.
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Education

- Level 5 Health & Social Care Management - 2022
 - Level 4 RoSPA Award in Manual Handling of People - 2021
 - Mental Health First Aid Instructor - 2017
 - PTLLS Level 3 – 2011
 - IQA (First Aid) - 2010
 - Moving & Handling Instructors Diploma - 2004
 - Basic Ambulance Assistant - 2001
 - D32/D33 Assessors Awards - 2000
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Professional Affiliations & Collaboration

- Member of the National Back Exchange (The organisation responsible for researching safe patient handling)
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Technical Skills

- Microsoft Office (Word, PowerPoint, Excel) very competent but with no qualifications
 - Digital presentations and documentation
 - Online collaboration tools
 - Self-taught A.I. programmer
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Additional Information

- Strong organisational and communication skills.
 - Comfortable working independently or as part of a team.
 - Open to remote, hybrid, or project-based work.
 - I also won a “Best Practice” award from St. James House in the 60th Anniversary of the NHS celebrations in 2008.
 - In 2025, I was invited by the South African Government to be a guest keynote address speaker at the launch of the NHI (SA’s equivalent to the NHS) conference.
 - I have spoken at several international conferences for the National Back Exchange.
 - I have a clean HGV Class 1 (C+E) driving license.
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References available on request