

# IMPACT CONSTRUCTION & PROJECTS NEWSLETTER

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## Welcome to the second edition of Impacts' SHE Newsletter

Keeping our teams safe, healthy, and environmentally responsible is our top priority. In this edition, we'll cover key safety updates, best practices, and tips to ensure everyone on site stays protected and informed.

**Safety Spotlight:**

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**Health Matters:**

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**Environmental  
Responsibility:**



**Safety, Health & Environment**  
more in the next issue



## Safety Spotlight:

### Electrical Safety

Working with electrical systems poses unique hazards.

Follow these safety tips:

## Safety Spotlight:

- **Inspect Cords and Plugs:** Look for frayed wires or exposed conductors before use.
  - **Lockout/Tagout Procedures:** Secure electrical sources before maintenance.
  - **Personal Protective Equipment (PPE):** Use insulated gloves and protective eyewear.
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- **Tip:** Attend regular electrical safety training to refresh your knowledge.

### Introduction to Gavin



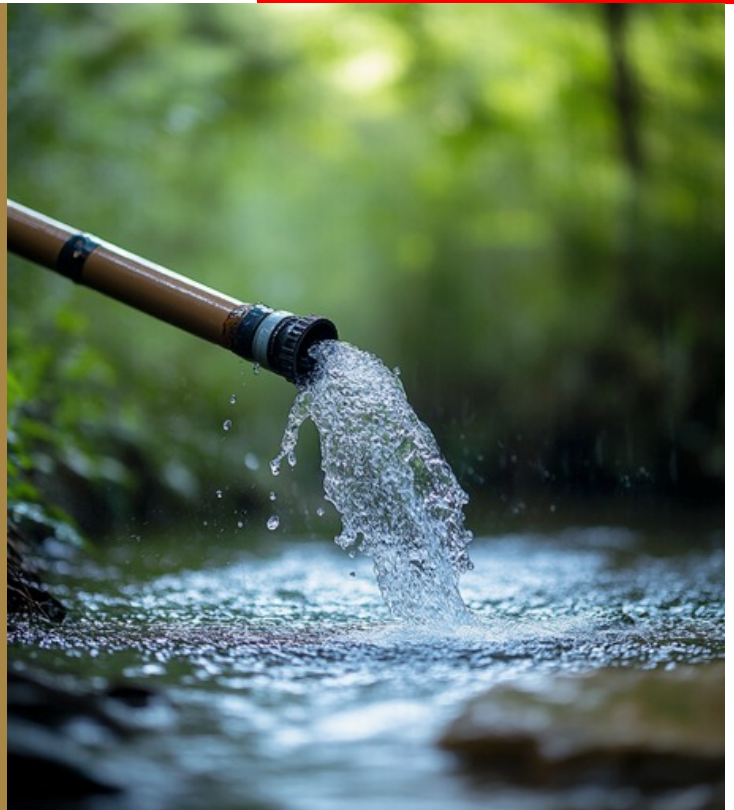
Please allow me to introduce to you Gavin Wright. Gavin is our Director for Education. So when we fall short of expertise, it is Gavin who ensures we bring our staff up to speed with their professional education. He is also our specialist in the medical side of things.

# Environmental Responsibility:

## Water Conservation

Efficient water management reduces environmental impact and lowers costs.

Here's what you can do:



## Introduction to Steph



Another introduction for you is Steph Wright. Steph is Gavin's daughter and a fully qualified paramedic. She is leading the research and projects into our emergency preparedness strategies.

# Environmental Responsibility:

- **Monitor Usage:** Track water consumption to identify areas for improvement.
- **Reuse and Recycle:** Collect rainwater for non-potable uses, like dust suppression.
- **Prompt Repairs:** Fix leaking hoses or pipes immediately.





## Health Matters:

### Management

The fast-paced nature of construction work can be stressful.

Manage stress with these strategies:

## Health Matters:

- **Open Communication:** Encourage each other to talk openly about challenges.
- **Provide Support:** Utilise our counselling services whenever you feel the need.
- **Regular Breaks:** Ensure you take time to recharge.

### Management Message



Building a safe, healthy, and supportive work environment takes teamwork and dedication. Let's continue working together to promote safety and well-being on every project. Your involvement makes all the difference.

Stay Safe and Stay Informed