

# IMPACT CONSTRUCTION & PROJECTS NEWSLETTER

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## Welcome to the fourth edition of Impacts' SHE Newsletter

Keeping our teams safe, healthy, and environmentally responsible is our top priority. In this edition, we'll cover key safety updates, best practices, and tips to ensure everyone on site stays protected and informed.

**Safety Spotlight:**

**Health Matters**

**Environmental  
Responsibility**



01/04

**New Partnerships Formed**  
-more in the next issue



## Safety Spotlight:

### Working at Heights

Falls from heights are a leading cause of injuries on construction sites.

Here are three essential practices to minimize risks:

## Safety Spotlight:

- **Proper Fall Protection Equipment:**  
Always inspect harnesses and lanyards before use.
  - **Training and Competency:**  
Ensure you are adequately trained and familiar with safety procedures.
  - **Guardrails and Barriers:**  
Utilise physical barriers wherever possible to prevent falls.
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- 💡 **Tip:** Listen attentively to the daily safety briefings to reinforce proper practices.

### Introduction to Victor



Ladies and gentlemen, Please allow me to introduce to you Victor Makgwana. Victor is our CEO and works tirelessly to ensure you have a job to come to each week. He is the man that oversees all of our daily actions. Give him a big round of applause.



# Environmental Responsibility:

Sustainable construction practices not only benefit the environment but also reduce project costs. Here's how you can help:



## Introduction to Kelvin



Another introduction for you is Kelvin Bhehane, Impact Group's Health & Safety Officer. Kelvin is highly qualified and experienced in all matters relating to Health & Safety. Any issues you have will ultimately be addressed by him.

## Environmental Responsibility:

- **Segregate Waste:**  
Separate recyclable and non-recyclable materials at the source.
- **Reduce Material Waste:**  
Order only what is needed and track inventory closely.
- **Proper Disposal:**  
Always follow local regulations and company policy for hazardous waste.



## Health Matters:

### Heat Stress Awareness

With warm Africa temperatures, it's crucial to recognize and address heat stress. Symptoms include dizziness, headache, and excessive sweating.

## Health Matters:

To prevent heat-related illnesses:

- **Hydrate Regularly:**  
Make drinking water easily accessible on-site.
- **Rest Breaks:**  
Schedule regular breaks in shaded or cool areas.
- **Monitor Colleagues:**  
Watch for signs of heat stress among team members.

## Management Message



At Impact Construction & Projects your safety and well-being are our priorities. Let's continue working together to maintain a safe, healthy, and sustainable work environment. If you have any questions or suggestions, don't hesitate to reach out to your SHE representative. Stay Safe and Stay Informed!